

ENTRANCE ANTIPHON

He fed them with the finest wheat and satisfied them with honey from the rock.

Cf. Ps 80: 17

SEQUENCE (Shorter form)

Angels' bread made pilgrims' feeding truly bread for children's eating, to dogs not to be offered.

Signed by Isaac on the altar, by the lamb and paschal supper, and in the manna figured.

Jesu, food and feeder of us, here with mercy feed and friend us, then grant in heaven felicity!

Lord of all, who here do feed us, heav'nly guests, heirs, fellows make us, in eternal company.

ACCLAMATION BEFORE THE GOSPEL

Alleluia, alleluia. John 6:51
I am the living bread that came down from heaven, says the Lord. If anyone eats of this bread, he will live for ever. Alleluia.

GOSPEL

The Lord be with you. John 6:51-58
And with your spirit.
 A reading from the holy Gospel according to John.
Glory to you, O Lord.

At that time: Jesus said to the Jews, 'I am the living bread that came down from heaven. If anyone eats of this bread, he will live for ever. And the bread that I will give for the life of the world is my flesh.' The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day. For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me. This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live for ever.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in mystery in the offerings we here present. Through Christ our Lord.
Amen.

COMMUNION ANTIPHON Jn 6: 57

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.
Amen.

Our Faith on Sunday

GOSPEL REFLECTION



wine being transformed into the Body and Blood of Christ. We almost instinctively feel called to remain silent and to go down on our knees in adoration. In his First Letter to the Corinthians Paul does engage in a form or reasoning, not so much about the mystery of the eucharist in itself, but by speaking about the effects of receiving the eucharist. He tells them that since we all partake of the one "bread" then we are formed into one "body". Not only are we who receive the eucharist made into one "body" but we are called to live as one "body". From this he arrives at a very "reasonable" conclusion. Any type of conflict or division within the Christian community is inadmissible. It cannot be accepted. Jesus himself had told us that if I have some dispute with my brother or sister, then before coming

to the altar with my gift I must resolve the dispute. There is no greater scandal or indeed sacrilege than seeing a Christian community characterised by factions, rival groups, petty jealousies, malicious gossip, long-standing feuds, whose members "piously" line up on Sunday to receive the eucharist. Let us celebrate the Solemnity of the Body and Blood of Christian with all the reverence and adoration it requires, but let us remember that on the night that he instituted the eucharist Jesus prayed to his Father in heaven: "That all may be one" (Jn. 17:21).



COLLECT

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.
Amen.

FIRST READING

A reading from the Book of Deuteronomy. Deuteronomy 8:2-3, 14b-16a

Moses spoke to the people: You shall remember the whole way that the LORD your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.

Do not forget the LORD your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrifying wilderness, with its fiery serpents and scorpions and thirsty ground where there was no water, who brought you water out of the flinty rock, who fed you in the wilderness with manna that your fathers did not know.

The word of the Lord.
Thanks be to God.

PSALM

Psalm 147: 12-13. 14-15. 19-20. R.12a

R. O Jerusalem, glorify the LORD!

or: Alleluia.

O Jerusalem, glorify the LORD!
 O Zion, praise your God!
 He has strengthened the bars of your gates;
 he has blessed your children within you.

He established peace on your borders;
 he gives you your fill of finest wheat.
 He sends out his word to the earth,
 and swiftly runs his command.

He reveals his word to Jacob;
 to Israel, his decrees and judgements.
 He has not dealt thus with other nations;
 he has not taught them his judgements.

SECOND READING

A reading from the First Letter of Saint Paul to the Corinthians. 1 Corinthians 10:16-17

Brothers and sisters: The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

The word of the Lord.
Thanks be to God.

POPE FRANCIS' ENCYCLICAL
FRATELLI TUTTI
 BROTHERS AND SISTERS ALL



AN APPEAL

286. In these pages of reflection on universal fraternity, I felt inspired particularly by Saint Francis of Assisi, but also by others of our brothers and sisters who are not Catholics: Martin Luther King, Desmond Tutu, Mahatma Gandhi and many more. Yet I would like to conclude by mentioning another person of deep faith who, drawing upon his intense experience of God, made a journey of transformation towards feeling a brother to all. I am speaking of Blessed Charles de Foucauld.



The Eucharistic Sacrifice is intrinsically directed to the inward union of the faithful with Christ through communion; we receive the very One who offered himself for us, we receive his body which he gave up for us on the Cross and his blood which he "poured out for many for the forgiveness of sins" (Mt 26:28). We are reminded of his words: "As the living Father sent me, and I live because of the Father, so he who eats me will live because of me" (Jn 6:57). Jesus himself reassures us that this union, which he compares to that of the life of the Trinity, is truly realized. The Eucharist is a true banquet, in which Christ offers himself as our nourishment. When for the first time Jesus spoke of this food, his listeners were astonished and bewildered, which forced the Master to emphasize the objective truth of his words: "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life within you" (Jn 6:53).





This parish is part of

The Catholic Deanery of Eastbourne and St Leonards

working towards implementing the Pastoral Plan

Fear not, for I am with you; I will bring your offspring from the east, and from the west I will gather you. Isaiah 43:5

Churches of St George - Polegate & St Wilfrid - Hailsham

Parish Clergy: Fr Rory Kelly, St Wilfrid's Presbytery, South Road, Hailsham, BN27 3JG

Parish Secretary: Jackie **Parish Office:** St Wilfrid's Presbytery, South Road, Hailsham, BN27 3JG

Hours: Mon, Wed & Fri 9am-12.30pm **Email:** hailsham@abdiocese.org.uk **Telephone:** 01323 841504

Website: <https://saintsgeorgeandwilfrid.co.uk> **Safeguarding Co-ordinator:** Maria - 07873 759962



Weekly Newsletter: 7 June 2026

The Most Holy Body and Blood of Christ

Sun	7th	9am	St George	-	Mass: Scott & Sandra King 15th Wedding Anniv. Intention
		10.30am	St Wilfrid	-	Mass: Parish Communities' Intention
Mon	8th	2.30pm	St George	-	Rosary Group - All Welcome
Tues	9th		St George	-	No Mass
Wed	10th	10am	St Wilfrid	-	Mass: Mrs M R O'Brien
Thurs	11th	10am	St George	-	Liturgy of the Word

Eleventh Sunday in Ordinary Time

(Collection on 21/6 for the Day for Life)

Sun	14th	9am	St George	-	Mass: Parish Communities' Intention
		10.30am	St Wilfrid	-	Mass: Jacqueline Humphries RIP

Confession on request before and after Mass or at other times by arrangement with Father Rory.

Unable to attend mass? The 10.30am St Wilfrid's mass is livestreamed when possible and can be accessed via the Parish Website or via the following: <https://saintsgeorgeandwilfrid.co.uk/online-masses-and-recordings/>

Facebook: https://m.facebook.com/gary.westcar#_=_

Newsletter items: Please send to Jackie at hailsham@abdiocese.org.uk, tel.841504 or by hand marked NEWSLETTER, to Fr. Rory's House by 9am Wednesday.

USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 832577

St George's Planned Giving Contact (01323) 832577

St George's & St. Wilfrid's

Finance Committee Treasurer Monika Beaver

Chairperson of the Finance Committee Gerry Palmer

ALL CORRESPONDENCE VIA THE PRIEST'S HOUSE PLEASE

Polegate Hall Hire (01323) 504753

Hailsham Hall Hire: (01323) 841504/Email at above address

Make your offertory donations go further! By simply signing up to the Gift Aid scheme, we can claim back an extra **25p** on every £1 you donate – **at no extra cost to you.** To join, contact Gerry today: pfc.hailsham@abdiocese.org.uk

Parish Safeguarding Reps:

St George's: Maria - 07873759962

St Wilfrid's: Maria - 07873759962

CROSSLINK CHURCHES TOGETHER, HAILSHAM: Volunteer needed contact Father Rory

Churches Together in Polegate/Willingdon/Hampden Park/Hydneye Contact: Anne Bowe Tel: 07808 175455

PLEASE REMEMBER IN YOUR PRAYERS those who are unwell & those named in the books in our churches

Amy Jenkins, Lily May, Joshua Hardy, Peter & Teresa Zurenkas, Anne Holt, Margaret, Rosie Tuson, Lilian Summers, Sue Nye, Tom Woodrow-Spencer, Laurey Stimpson, Nicole McCutchan, Nellie Oakshott, Jean Molloy, Alan Smith, Julie Martin, Holly Leone, Gill Standen, Letty Booth, Thomas Pailey, Thomas Guy, Michael O'Regan, Richard Streeter, Patricia Delaney, Graham, Pamela Swanston, Jean & Chris Littlewood, Jean Skelton, Jennifer, Peter Mitchell, Madeleine Waters, Andrew and Gerry Page.

Warm Welcome! We're glad to have you at Mass, especially visitors.

New to the parish or looking to reconnect? Fill out a welcome form in the porch or speak to Fr. Rory - we'd love to meet you and help in any way!

The Knights of St Columba will hold their next meeting on Friday 12 June at 7.45pm in the parish meeting room at Our Lady of Ransom. All catholic men are welcome to come.

We would like to say a massive thank you to everyone at St Wilfrid's and St George's who voluntarily helped raise money for our red shirt pilgrimage. We are incredibly grateful for your immense generosity. Your support means the world to us and is helping make this journey possible! Thank you, Oskar and Raizel

Oskar and Raizel would also like to send a very special thank you to the Women's Institute: We are incredibly grateful for the money you raised to support our red shirt pilgrimage. It was so incredibly kind of you to think of us, and we are deeply touched by your generosity and wonderful support. Thank you for making such a meaningful difference to our journey! Oskar and Raizel.

Our Children Need You!

Leaders and helpers are urgently needed to support St George's children's liturgy during the first half of mass on a Sunday. No experience necessary. Training will be given. Just an hour or so of time a month is required mostly during the Sunday mass. Speak to Mary B or Sandra for more information.

St George's Parish Meeting will take place **Today**, 7th June after Mass. Please take the time to attend if you can.

Parish Magazine & Website: For news and updates on Eastbourne and St Leonards Deanery activities and events visit the website www.eastbourne-stleonards.org.uk You can also email news@eastbourne-stleonards.org.uk to submit items for the website and magazine.

Sunday Charity Breakfast: Sun 28th June after mass at St G's. During the month of June we are raising funds for The Demelza Trust. There was a Demelza Charity Shop in Hailsham, but sadly had to close. This charity delivers extraordinary care to children who are facing serious or life limiting conditions. They support the children and their families at every step from first diagnosis and for as long as they are needed. Their support is as unique as every family, providing creative therapies, short breaks, practical and emotional support for families and siblings and care towards the end of life. A worthwhile charity indeed.

We hope you, your family and friends can support this. Last month we raised a grand total of £300 for Linking Lives Eastbourne. Thank you to everyone who supports us with these breakfasts and help raise so much money for charity.

Parish Over 50's Club: We next meet on Thursday 25th June, 2-4pm, Anyone over 50 is welcome, just turn up on the day.

New & nearly new items needed: St George's table sale that raises funds for the charity of the month and youth activities is in need of new items for sale. Leave bags marked St G's Table Sale

31st May - Mass Attendance: St W's 142 St G's 94

OUR JOURNEY TO BECOMING A NEW PARISH:

Ultimately the new Parish will be overseen by a Priests Team, moderated by Fr Kevin Dring. They will work closely with a Leadership Team of clergy and lay reps, and with Hub Pastoral Teams of clergy and lay representatives from across our churches, in the development of our Pastoral Plan and our shared mission. The West Hub covers Eastbourne, Polegate, Hampden Park, Hailsham, and the East Hub covers St Leonards, Hastings, Bexhill, Battle and Rye.

East Hub Secretary: Elizabeth Fitch
stleonards@abdiocese.org.uk 01424 602077

West Hub Secretary: Cheryl Wood
eastbourneolor@abdiocese.org.uk 01323 723222

Deanery Website: www.eastbourne-stleonards.org.uk

Pilgrimage to Aylesford. Everyone is invited to attend the Pilgrimage to Aylesford Priory, Kent (ME20 7BX) on Sunday 28 June, organised by the Knights of St Columba. Mass at 12 noon, picnic afterwards, Rosary procession at 3pm. Further details from Bob 07752043009.

Linking Lives Eastbourne - Saturday 20 June - 10.30am - 5.00pm,

20 Prideaux Road, Eastbourne, BN21 2NB
Come and explore this lovely garden with far-reaching views where beautiful wild and cultivated plants grow together. Light refreshments available. Admission by Donation to support the work of Linking Lives Eastbourne. Please note that due to uneven surfaces, this garden is unsuitable for wheelchairs.

QUIZ NIGHT – FRIDAY 26 JUNE 2026!

Join the Catholic Women's League Eastbourne Parishes for a fun evening at Christ the King Hall, Eastbourne. Doors open 6.30pm for a 7pm start. Teams of up to 6, £5 per person (under 12s free). Cash prize, raffle, refreshments and homemade cakes. All proceeds support the Deanery West Hub Youth Formation Fund, helping young people access Lourdes, Flame 2027 and other faith opportunities. Tickets from Sandra at St George's or email sandraforte40@gmail.com.

Our Lady of Ransom - Contemplative Prayer Group Mondays 4pm - 5.30pm

"Be still and know that I am God" Psalm 46:10 - Everyone is invited to join this small friendly group who meet weekly. There is a time of silent prayer where we aim to quieten our minds to hear God speak in the silence of our hearts; A time of Lectio Divina; And a time for discussion and questions. All newcomers are most welcome. Meeting venue is OLR Prayer Meeting Room. Access through the car park and Parish Hall. (Not on bank holidays/school holidays) For any more details contact lizvegh@abdiocese.org.uk

Fatima Devotions

You are warmly invited to Christ the King in Langney for Fatima Devotions, held on the dates of Our Lady's apparitions: Sat 13 June (4:00pm), Mon 13 July (5:30pm), Wed 19 Aug (5:30pm), Each gathering will include the Holy Rosary and the Litany to Our Lady of Fatima, offered in reparation for the sins of the world and for peace. All welcome to come and pray together.

Dates for your Diary:

Sun 7 June, After Mass - St George's Parish Mtg, St G's Hall.
Sat 13 June, 4pm - Fatima Devotions, Christ the King.
Wed 17 June, 6-7.30pm - 1st Holy Com Mtg, St W's Hall.
Sun 21 June, 1st Holy Communion Service, St W's Church.
Thurs 25 June, 2-4pm - Over 50's Club, St W's Hall.
Thurs 25 June, 6-7.30pm - 1st Holy Com Mtg, St W's Hall.
Fri 26 June, 11-12pm - Parish Bereavement Gp, St W's Hall.
Sun 28 June, 10am - Charity Breakfast, St G's Hall.
Sun 28 June, Communion Breakfast, St W's Hall.
Mon 13 July, 5.30pm - Fatima Devotions, Christ the King.

LATEST DEANERY UPDATE:

We have had a first meeting of a new Deanery Leadership Group, some priests and lay people from across the deanery. They will be working closely with the team of parish priests, and with our Hub Leadership groups to build on the good work that has already been done over the past year in beginning to build foundations for our parishes coming together and working and sharing closely in the mission of the Church. From September, by which time we may (please God) have a good new Bishop in post, the work of these various groups will begin to impact more directly within the church communities, inviting everyone to play their part in the important work ahead. Everything we do will only be done if it clearly aims to build up our communities in strong faith, to support the most needy, and to reach out to share the Good News with all those around us. God bless – Fr Kevin.