

ENTRANCE ANTIPHON

Cf. Ps 80: 17

**He fed them with the finest wheat
and satisfied them with honey from the rock.**

THE COLLECT

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, God, for ever and ever.

FIRST READING

A reading from the book of Exodus 24:3-8

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' Then Moses took the blood and cast it towards the people. 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

The word of the Lord.
Thanks be to God.

PSALM

Ps 115:12-13. 15-18. R.v13

**R) The cup of salvation I will raise;
I will call on the Lord's name.**

How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name **(R)**

O precious in the eyes of the Lord
is the death of his faithful.
Your servant, Lord, your servant am I;
you have loosened my bond **(R)**

A thanksgiving sacrifice I make:
I will call on the Lord's name.
My vows to the Lord I will fulfil
before all his people **(R)**

SECOND READING

A reading from the letter to the Hebrews 9:11-15

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God.

He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

The word of the Lord.
Thanks be to God.

SEQUENCE (Shorter form)

Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children meant,
That may not unto dogs be given:
Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from heaven.

Come then, good shepherd, bread divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;

O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen guest,
Co-heirs of thine, and comrades blest
With saints whose dwelling is with thee.

GOSPEL ACCLAMATION

Jn 6:51-52

**Alleluia, alleluia!
I am the living bread which has come down from heaven,
says the Lord.
Anyone who eats this bread will live for ever.
Alleluia!**

GOSPEL

Mark 14:12-16. 22-26

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to Mark.
Glory to you, O Lord.

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.'

After psalms had been sung they left for the Mount of Olives.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray,
the gifts of unity and peace,
whose signs are to be seen in mystery
in the offerings we here present.
Through Christ our Lord.

COMMUNION ANTIPHON

Jn 6: 57

**Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.**

PRAYER AFTER COMMUNION

Grant, O Lord, we pray,
that we may delight for all eternity
in that share in your divine life,
which is foreshadowed in the present age
by our reception of your precious Body and Blood.
Who live and reign for ever and ever.

Our Faith on Sunday

GOSPEL REFLECTION



The institution of the Eucharist as described in today's Gospel is very minimalistic. Jesus simply blesses the bread and says "this is my body". Then he takes the cup of wine and says "this is my blood". The key word here is the word "is". Jesus could have said "symbolises" or

"stands for" or some other 'weaker' expression. In the Gospel of John, which we read last year, Jesus is much more explicit. He says: "if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you." The life Jesus is talking about here is the life of God. The food we eat every day is digested and becomes part of us, of our body. This divine food which Jesus gives us has the opposite effect, it transforms us into God. However, there are certain conditions without which this transformation cannot take place. We must be at peace with every brother and sister. In Matthew's Gospel Jesus tells us that

if you come to the altar and realise that your brother or sister has something against you, you must "leave your gift there in front of the altar. First go and be reconciled to your brother and then come and present your gift." The Eucharist is a huge gift from God, but it will no effect on us if we are not reconciled with our brother or sister.



EVANGELII GAUDIUM (JOY OF THE GOSPEL)



POLITICAL LOVE

182. This political charity is born of a social awareness that transcends every individualistic mindset: "Social charity makes us love the common good", it makes us effectively seek the good of all people, considered not only as individuals or private persons, but also in the social dimension that unites them".¹⁷¹ Each of us is fully a person when we are part of a people; at the same time, there are no peoples without respect for the individuality of each person. "People" and "person" are correlative terms. Nonetheless, there are attempts nowadays to reduce persons to isolated individuals easily manipulated by powers pursuing spurious interests. Good politics will seek ways of building communities at every level of social life, in order to recalibrate and reorient globalization and thus avoid its disruptive effects.

¹⁷¹ Pontifical Council for Justice and Peace, Compendium of the Social Doctrine of the Church, 207.

The Fire of Love* CONSIDER YOURSELF NOTHING

When we are crying out to Christ, we are not sitting around lazily. The mind is tireless in its seeking and so the body is involved too. Indeed, sometimes when our body is tired in the service of Christ, the mind is caught up in heavenly refreshment and even contemplation.

If we pray well, we do not have a heart which is distracted by wandering thoughts about worldly things. If we want to have what we pray for, we must pay careful attention to the subject matter of our prayer, to God whom we are addressing, and to the reason we are making our request. This shows that we love the one to whom we are praying and not vainly seeking some reward in this life.

The saints are so truly humble that they consider themselves to be nothing at all and below everyone else. In obedience to our Lord's command, they take the lowest place at the banquet but then receive the reward of praise and promotion. Humility should dispose us to do likewise.

*The Fire of Love by Richard Rolle Published by Aeterna Press



PARISH COMMUNITIES OF



Parish Priest: Fr. Rory Kelly

South Road, Hailsham, East Sussex BN27 3JG

Tel: (01323) 841504

(Answerphone service available)

Email: ssgeorge.wilfrid@btinternet.com

Website: www.saintsgeorgeandwilfrid.co.uk

The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

ST GEORGE

Eastbourne Road
Polegate



ST WILFRID

South Road
Hailsham



WEEKLY SERVICES

The Most Holy Body and Blood of Christ

(Collection Today for the Church Maintenance Fund)

Sat	1st		St Wilfrid's —	
Sun	2nd	9am	St George's —	Parish Communities' Intention
		10.30am	St Wilfrid's —	Margaret Madams RIP
Mon	3rd	2.30pm	St George's —	Rosary Group - All Welcome
Tues	4th	10am	St George's—	Fernando Gerado RIP
Wed	5th	10am	St Wilfrid's—	Elsie & Mary Brown RIP
Thurs	6th	10am	St George's —	Readings and Morning Prayer
Fri	7th	10am	St Wilfrid's —	Readings and Morning Prayer

Tenth Sunday in Ordinary Time (Collection next week for A Day for Life)

Sat	8th		St Wilfrid's—	
Sun	9th	9am	St George's —	Guilio Forte RIP
		10.30am	St Wilfrid's —	Parish Communities' Intention

Confession on request before and after Mass or at other times by arrangement with Father Rory.

Unable to attend mass? The 10.30am St Wilfrid's mass is livestreamed when possible and can be accessed via the Parish Website or via the following: <https://saintsgeorgeandwilfrid.co.uk/online-masses-and-recordings/>

Facebook: https://m.facebook.com/gary.westcar#_=_

Newsletter items: Please send to Jackie at ssgeorge.wilfrid@btinternet.com, tel.841504 or by hand marked NEWSLETTER, to Fr. Rory's House by 9am Wednesday.

Local Catholic Education Contacts: St Thomas a Becket Nursery School: Tel 01323 725977

St Thomas a Becket Primary School: Tel 01323 737221 St Richard's Catholic College, Bexhill: Tel 01424 731070

USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 832577

St George's Planned Giving Contact (01323) 487212

St George's & St. Wilfrid's

Finance Committee Treasurer Monika Beaver

Chairperson of the Finance Committee Gerry Palmer

ALL CORRESPONDENCE VIA THE PRIEST'S HOUSE PLEASE

Polegate Hall Hire (01323) 504753

Hailsham Hall Hire: (01323) 841504/Email at above address

Prayer Line Jean Barham-Wyatt(01323) 842824

IMPORTANT GIFT AID: If any parishioner wishes to join the scheme please contact - Gerry on 01323 832577, Email: gpalmer2703@gmail.com. By signing up, the parish can benefit by claiming back from HMRC a further 25% on all your donations at no additional cost to you.

Parish Safeguarding Reps:

St George's: Kelly - 07967562110

St Wilfrid's: Maria - 07873759962

CROSSLINK CHURCHES TOGETHER, HAILSHAM: Volunteer needed contact Father Rory

Churches Together in Polegate/Willingdon/Hampden Park/Hydneye Contact: Anne Bowe Tel: 07808 175455

PLEASE REMEMBER IN YOUR PRAYERS those who are unwell

Lily May, Joshua Hardy, Peter & Teresa Zurenkas, Anne Holt, Margaret, Rosie Tuson, Lilian Summers, Letty Booth, Tom Woodrow-Spencer, Chris Neyenhuizen, Laurey Stimpson, Nicole McCutchan, Nellie Oakshott, Jean Molloy, Alan Smith, Julie Martin, Holly Leone, Deborah Osbourne Walker, Sue Nye, Gill Standen, Richard Streeter, Patricia Delaney, Peter Andrews and Graham.

PLEASE ALSO REMEMBER THOSE NAMED IN THE BOOKS IN OUR CHURCHES

A WARM WELCOME: to all who join us for Mass, especially to any visitors.

New to the Parish/would like to get back in touch but not sure how? Please complete the welcome form in the porch and/or make yourself known to Fr. Rory. It would be great to get to know you and offer any help.

Deacon John Writes:

On May 19th we celebrated one of the great feasts of the church - Pentecost. John F. Kennedy in 1961, in his inaugural speech challenged the world when he said "Ask not what your country can do for you; ask what you can do for your country." He said "Let the word go forth" at the beginning of that speech.

Surely that is what the Apostles did when they went beyond the streets and alleys of Jerusalem, into the hill country of Judea and beyond, across the Mediterranean, to Greece and Rome, to Africa and Spain. They really did let The Word go forth...into every continent, to be heard in every home, to be lived in every heart. They needed to spread The Word. They needed to tell what they knew, and Who they knew...and let The Word go forth. It is quite astonishing to consider where that Word has gone, and how far and wide it is preached. What began with a few frightened people in a darkened room in Jerusalem has spilled out and touched every corner of the globe.

Our challenge today is to do our bit and keep The Word going, to remind ourselves of the rugged beginnings of this faith...and to carry it on. To follow the mandate of those very first believers. To throw open the windows of our fear and uncertainty — to let in the light — and to let The Word go forth. Probably no better way than to start with Saint John Henry Cardinal Newman's favourite prayer: "Come Holy Spirit Make our ears to hear Make our eyes to see Make our mouths to speak Make our hearts to seek Make our hands to reach out and touch the world with your love. AMEN."

Next week I will list some other ways in which we make the Word go forth.

Deacon John

Newsletter Articles: Any new articles for the newsletter on 9th June, please could we have in by 3rd June, and for the newsletter on 16th June, please could we have in by 5th June. Thank you.

Jubilee Celebration time changes:

Due to the cuckoo trail closure in June/July it will not be possible to have a sponsored walk on Father's Jubilee Celebration date 14th July. We have therefore adjusted the timings of the afternoon celebration slightly. A new invite will be issued with the full programme next week but for now be aware that masses will remain the same 9am St Georges and 11.30am St Wilfrid followed by light refreshments for all and a storyteller for the children. Then Rosary and Benediction will start at 2pm in St George's Church (Magician in the hall during this time). We will then be treated to performances of Irish dancing and Indian dancing from 3-4 and afternoon tea at 4pm followed by live Irish music by Flash Company Band from Worthing.

We hope to welcome as many parishioners as possible on the day to celebrate with Father Rory. Please complete the RSVP sheets at the back of church to confirm attendance of you and your family members. Thank you.

Deanery Confirmation - any musicians and singers are invited to join the celebration at OLR on the morning of Sat 15th June. If you would like to be involved you must be able to attend the rehearsal at 4pm on Sat 1st June at OLR - please contact Marylou on marylou.joyofmusic@gmail.com to confirm your place and voice/instrument.

Linking Lives Open Garden - 20 Prideaux Road BN21 2NB, Saturday 8 June 2.00pm - 5.00pm. Come along and explore this lovely garden with far reaching views. Donations to support the work of Linking Lives Eastbourne. Refreshments available! Raffle with top prize of Tea for Two at the Hydro!

The Southfield Trust consists of four special schools in Eastbourne. The Trust are currently recruiting Teaching Assistants for our schools. This includes Summerdown, our newest and rapidly expanding school, which will be growing further this September. We welcome applicants from all backgrounds, and no prior experience is necessary. Our comprehensive developmental program will provide all the training and support you need to succeed in this rewarding role. Please visit <https://www.thesouthfieldtrust.com/> to look though our vacancies page

Please keep all our deanery First Holy Communion candidates and Confirmands in your prayers as they finalise their preparations during May/June to then receive the sacraments in June.

Soon to become a new parish - What's Next? A talk by Fr Kevin at Our Lady of Ransom, Thurs 18th July at 7pm. Exploring the plans for the coming months on becoming a new Mega (moderated) Parish, from Eastbourne to Rye! What part will you play in this? Refreshments available. All are welcome.

Dates for your Diary:

Sat 1st June, 10am-4pm - Womble Day, St W's & St G's
 Sun 9th June, 9am - 1st Holy Communion, St G's Church.
 Sat 15th June, 11am - Confirmation, OLR
 Sun 16th June, 10.30am - 1st Holy Communion, St W's Church.
 Thur 20th June, 2-4pm - Parish Over 50's Club, St W's Hall.
 Fri 28th June, 11-12pm - Parish Bereavement Gp, St W's Hall.
 Sun 30th June, 10am - Community Charity Breakfast, St G's.
 Sun 14th July, Golden Jubilee Celebration, St W's & St G's.

Parish Over 50's Club: Our next afternoon tea will be Thurs 20th June at 2-4pm. No tea in July, back again in August.

Parish Charity Breakfast: Next breakfast is Sunday 30th June after St G's 9am mass - All welcome.

Sunday 26th May - Mass Attendance:
 St Wilfrid's 126 St George's 82