

**ENTRANCE ANTIPHON**

**Blest be God the Father,  
and the Only Begotten Son of God,  
and also the Holy Spirit,  
for he has shown us his merciful love.**

**THE COLLECT**

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

**FIRST READING**

Deuteronomy 4:32-34. 39-40

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors all this that the Lord your God did for you before your eyes in Egypt?'

'Understand this today, therefore, and take it to heart: the Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

The word of the Lord.  
**Thanks be to God.**

**PSALM**

Ps 32:4-6.9. 18-20. 22. R.v12

**R) Happy the people the Lord has chosen as his own.**

The word of the Lord is faithful  
and all his works to be trusted.  
The Lord loves justice and right  
and fills the earth with his love. **(R)**

By his word the heavens were made,  
by the breath of his mouth all the stars.  
He spoke; and they came to be.  
He commanded; they sprang into being. **(R)**

The Lord looks on those who revere him,  
on those who hope in his love,  
to rescue their souls from death,  
to keep them alive in famine. **(R)**

Our soul is waiting for the Lord.  
The Lord is our help and our shield.  
May your love be upon us, O Lord,  
as we place all our hope in you. **(R)**

**SECOND READING**

A reading from the letter of St Paul to the Romans 8:14-17

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord.  
**Thanks be to God.**

**GOSPEL ACCLAMATION**

cf Apoc 1:8

**Alleluia, alleluia!  
Glory be to the Father, and to the Son, and to the Holy Spirit,  
the God who is, who was, and who is to come.  
Alleluia.**

**GOSPEL**

Matthew 28:16-20

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Matthew.  
**Glory to you, O Lord.**

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

Sanctify by the invocation of your name,  
we pray, O Lord our God,  
this oblation of our service,  
and by it make of us an eternal offering to you.  
Through Christ our Lord.

**COMMUNION ANTIPHON**

Gal 4:6

**Since you are children of God,  
God has sent into your hearts the Spirit of his Son,  
the Spirit who cries out: Abba, Father.**

**PRAYER AFTER COMMUNION**

May receiving this Sacrament, O Lord our God,  
bring us health of body and soul,  
as we confess your eternal holy Trinity and undivided Unity.  
Through Christ our Lord.

# Our Faith on Sunday

## GOSPEL REFLECTION



Jesus' relationship with the Father is well-documented in John's Gospel, as we have seen in our recent Sunday Gospels. The, last Sunday, Jesus stands in the midst of his disciples and gives them the Holy Spirit. Today we have Jesus telling the Apostles to baptise "in the name of

the Father, the Son and the Holy Spirit." God has revealed himself as an inseparable Trinity, something which causes plenty of problems for priests giving sermons on Trinity Sunday! Of course human reasoning will never be able to explain this divine reality, nor should it try to. The essence of God as three-in-one is that God is love. But love does not exist in a vacuum. Love has to have a subject and an object. If I love, I have to love someone, I can't just 'be' love. I must love my wife, or my husband, or my children or my parents etc. The Holy Trinity is a virtual circle of love. The Father loves the Son, the Son loves the Father, and the fruit of this love is the Holy Spirit. As Christians we are invited to imitate

that form of love. When we love each other with a pure love, wanting nothing for ourselves, then the Spirit of God is among us. In this way, God invites, in some way, to participate in the life of the Trinity. It may seem crazy, but let's not forget that God also wants us to become him, by inviting us to eat his body and drink his blood. Our problem is that we have difficulty in really believing what Jesus has promised us.



### EVANGELII GAUDIUM (JOY OF THE GOSPEL)



## POLITICAL LOVE

181. Every commitment inspired by the Church's social doctrine is "derived from charity, which according to the teaching of Jesus is the synthesis of the entire Law (cf. Mt 22:36-40)".<sup>168</sup> This means acknowledging that "love, overflowing with small gestures of mutual care, is also civic and political, and it makes itself felt in every action that seeks to build a better world".<sup>169</sup> For this reason, charity finds expression not only in close and intimate relationships but also in "macro-relationships: social, economic and political".<sup>170</sup>

168. Benedict XVI, Encyclical Letter *Caritas in Veritate* (29 June 2009), 2: AAS 101 (2009), 642.

169. Encyclical Letter *Laudato Si'* (24 May 2015), 231: AAS 107 (2015), 937.

170. Benedict XVI, Encyclical Letter *Caritas in Veritate* (29 June 2009), 2: AAS 101 (2009), 642.



### The Fire of Love\*

#### AVOIDING PRIDE AND EMBRACING HUMILITY

When our mind is kindled by the fire of the Holy Spirit, it is freed from all idleness and lust. We are then made sweet by the torrent of God's love, always looking at him and not considering earthly things, until the day that we are glorified with the perfect vision of the beloved.

But we must beware of pride, which results in a spiritual swollen head, because pride can then throw the most noble of us into dejection. What a laugh, that those who think themselves great lovers of God go about swaggering and exalting themselves when they are lower than the most useless worm! Think how the king of kings humbled himself, so stop swaggering around. Think about the humility of Christ instead of thinking about yourself and comparing yourself to others. You look down on sinners and consider yourself better than they are, while in fact you are making yourself worse when you pass judgement on them. A proud, righteous person displeases God more than a humble sinner does.

When true humility has taken root in your mind, then whatever you do is done in praise of your maker, not in praise of yourself. So think of Jesus with a longing heart. Pray to him constantly. Seek him and desire to possess him alone. Love will enable you to conquer the world.

\*The Fire of Love by Richard Rolle Published by Aeterna Press



# PARISH COMMUNITIES OF



## ST GEORGE

Eastbourne Road  
Polegate



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The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

## ST WILFRID

South Road  
Hailsham



### WEEKLY SERVICES

<b>The Most Holy Trinity (Collection Today for Missionary Endeavour of the Diocese)</b>				
Sat	25th	10am	St Wilfrid's —	Exposition of the Blessed Sacrament, Adoration and Reconciliation
Sun	26th	9am	St George's —	Parish Communities' Intention
		10.30am	St Wilfrid's —	Filomena Intention
Mon	27th	2.30pm	St George's —	Rosary Group - All Welcome
Tues	28th	10am	St George's—	Vocations to the Church
Wed	29th	10am	St Wilfrid's—	Jack & Elsie Hoare RIP
Thurs	30th	10am	St George's —	Dudley & Dolly Rudd RIP
Fri	31st	10am	St Wilfrid's —	Holy Souls' Intention

### **The Most Holy Body and Blood of Christ (Collection Today for the Church Maintenance Fund)**

Sat	1st		St Wilfrid's—	
Sun	2nd	9am	St George's —	Parish Communities' Intention
		10.30am	St Wilfrid's —	Margaret Madams RIP

Confession on request before and after Mass or at other times by arrangement with Father Rory.

Unable to attend mass? The 10.30am St Wilfrid's mass is livestreamed when possible and can be accessed via the Parish Website or via the following: <https://saintsgeorgeandwilfrid.co.uk/online-masses-and-recordings/>

Facebook: [https://m.facebook.com/gary.westcar#\\_=\\_](https://m.facebook.com/gary.westcar#_=_)

**Newsletter items:** Please send to Jackie at [ssgeorge.wilfrid@btinternet.com](mailto:ssgeorge.wilfrid@btinternet.com), tel.841504 or by hand marked NEWSLETTER, to Fr. Rory's House by 9am Wednesday.

Local Catholic Education Contacts: St Thomas a Becket Nursery School: Tel 01323 725977

St Thomas a Becket Primary School: Tel 01323 737221 St Richard's Catholic College, Bexhill: Tel 01424 731070

### USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 832577

St George's Planned Giving Contact (01323) 487212

St George's & St. Wilfrid's

Finance Committee Treasurer Monika Beaver

Chairperson of the Finance Committee Gerry Palmer

**ALL CORRESPONDENCE VIA THE PRIEST'S HOUSE PLEASE**

Polegate Hall Hire (01323) 504753

Hailsham Hall Hire: (01323) 841504/Email at above address

Prayer Line Jean Barham-Wyatt(01323) 842824

**IMPORTANT GIFT AID:** If any parishioner wishes to join the scheme please contact - Gerry on 01323 832577, Email: [gpalmer2703@gmail.com](mailto:gpalmer2703@gmail.com). By signing up, the parish can benefit by claiming back from HMRC a further 25% on all your donations at no additional cost to you.

#### **Parish Safeguarding Reps:**

St George's: Kelly - 07967562110

St Wilfrid's: Maria - 07873759962

**CROSSLINK CHURCHES TOGETHER, HAILSHAM:** Volunteer needed contact Father Rory

**Churches Together in Polegate/Willingdon/Hampden Park/Hydneye Contact:** Anne Bowe Tel: 07808 175455

#### **PLEASE REMEMBER IN YOUR PRAYERS those who are unwell**

Lily May, Joshua Hardy, Peter & Teresa Zurenkas, Anne Holt, Margaret, Rosie Tuson, Lilian Summers, Letty Booth, Tom Woodrow-Spencer, Chris Neyenhuizen, Laurey Stimpson, Nicole McCutchan, Nellie Oakshott, Jean Molloy, Alan Smith, Julie Martin, Holly Leone, Deborah Osbourne Walker, Sue Nye, Gill Standen, Richard Streeter, Patricia Delaney, Peter Andrews and Graham.

**PLEASE ALSO REMEMBER THOSE NAMED IN THE BOOKS IN OUR CHURCHES**

**A WARM WELCOME:** to all who join us for Mass, especially to any visitors.

**New to the Parish/would like to get back in touch but not sure how?** Please complete the welcome form in the porch and/or make yourself known to Fr. Rory. It would be great to get to know you and offer any help.

**Fr Rory Writes:**

**As we continue to live to listen to hope and to pray.**

Our deanery meetings as we knew them have come to an end. At the last meeting of the priests, a presentation on the new order was unfolded in preparation for the year to come. An amount of work went into its preparation and in the same way that our own parish council has been very diligent, we must be prepared to do what is necessary for our churches to survive. This story is taking place all over our diocese and was well reflected at our celebration for the jubilarians in our diocese. When this situation was beginning, this statement came to my attention; a plan is useless, **planning is all important.** For our two communities this is being really, really well recognised and planning is in progress. Real efforts are taking place and I see this so well reflected in the hard work that is being undertaken to celebrate my Golden Jubilee. I am extremely grateful.

Pope Francis began the process, as he expressed the need for a Synod to update and structure which was initiated by the Second Vatican Council. This updated the liturgy and other aspects of the life of the church. Over the last couple of years we have responded to this and so we are ready to progress. As this happens initially, saplings in their early stages are fragile.

Last Sunday we returned to one of the original initiatives "Name Sunday". The buzz was good, and the response was better. A sign of willingness to engage. Suggested initiatives by the parish council are excellent and the focus of developing different ministries begin to emerge. An early example will be the ministry of welcome and the ministry of the eucharist. Keeping a focus upon the R.C.I.A. is truly a guiding light waiting to be discovered and developed after all these years. We were beginning to work with this many years ago, but a plan renew was introduced. *Fr Rory*

**Newsletter Articles:** Any new articles for the newsletter on 9th June, please could we have in by 3rd June, and for the newsletter on 16th June, please could we have in by 5th June. Thank you.

**Father Rory's Golden Jubilee Celebration - Sunday 14th July:**  
Please ensure you RSVP via the sheets at the back of church to help us with planning and catering arrangements. If you can help with the days events please let us know, we especially need some physical help with set up and clear up as this will be heavier work. Contact Sandra on 07791627368 for more info.

**Thank you:** A very big thank you from Gillian Standen for all the good wishes and prayers given to her.

**Table Sale St George's** - We urgently need quality items for our table sale, new and nearly new. Please leave bags marked "table sale" at back of church.

**Deanery Confirmation** - any musicians and singers are invited to join the celebration at OLR on the morning of Sat 15th June. If you would like to be involved you must be able to attend the rehearsal at 4pm on Sat 1st June at OLR - please contact Marylou on [marylou.joyofmusic@gmail.com](mailto:marylou.joyofmusic@gmail.com) to confirm your place and voice/instrument.

Please keep all our deanery First Holy Communion candidates and Confirmands in your prayers as they finalise their preparations during May/June to then receive the sacraments in June.

**Womble Day** (The Parish big help out) **Sat June 1st, 10-4pm.**  
Both St Wilfrid's and St George's desperately need your help to garden, clean, tidy etc. There are also several maintenance tasks for those who are good with tools and paint brushes. We are currently creating a list of jobs: some small, some a little bigger, but enough for us all to have something to volunteer for on the day. Many hands make light work - don't assume others will do it. Refreshments will be provided.

**Soon to become a new parish** - What's Next? A talk by Fr Kevin at Our Lady of Ransom, Thurs 18th July at 7pm. Exploring the plans for the coming months on becoming a new Mega (moderated) Parish, from Eastbourne to Rye! What part will you play in this? Refreshments available. All are welcome.

**St George's Parishioners** would like to thank Gerry Palmer for offering his time in organising a very successful "Name Day" at St George's, on Sun 19th May. It was really informative and most enjoyable. We look forward to doing this ourselves, having seen how effortlessly and spontaneously, Gerry undertook this super idea!

**The Parish Rosary Group** meets every Monday at 2pm in St G's Hall (not bank holidays). Everyone is welcome to join as a regular or occasional member to Pray the Rosary a most wonderful devotion together.

**Dates for your Diary:**  
Thur 30th May, 2-4pm - Parish Over 50's Club, St W's Hall.  
Fri 31st May, 11-12pm - Parish Bereavement Gp, St W's Hall.  
Sat 1st June, 10am-4pm - Womble Day, St W's & St G's  
Sun 9th June, 9am - 1st Holy Communion, St G's Church.  
Sat 15th June, 11am - Confirmation, OLR  
Sun 16th June, 10.30am - 1st Holy Communion, St W's Church.  
Sun 30th June, 10am - Community Charity Breakfast, St G's.  
Sun 14th July, Golden Jubilee Celebration/Sponsored Walk.

**Parish Over 50's Club:** Our next afternoon tea will be Thurs 30th May at 2-4pm. Theme is flowers. The date for June will be Thur 20th and then nothing in July, back again in August.

**Parish Charity Breakfast:** Today after St G's 9am mass - All welcome. This months charity is RNLI.

**Sunday 19th May - Mass Attendance:**  
St Wilfrid's 124                      St George's 90