

ENTRANCE ANTIPHON

Cf. Ps 73: 20, 19, 22, 23

**Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.**

THE COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the first book of the Kings. 19:9.11-13

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

The word of the Lord.
Thanks be to God.

PSALM

Ps 84:9-14. R.v8

**R) Let us see, O Lord, your mercy
and give us your saving help.**

I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land. **(R)**

Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **(R)**

The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **(R)**

SECOND READING

A reading from the letter of St. Paul to the Romans 9:1-5

What I want to say is no pretence; I say it in union with Christ - it is the truth - my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers

of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Lk 19:38
**Blessings on the King who comes, in the
name of the Lord!**
Peace in heaven and glory in the highest heavens!
Alleluia!

GOSPEL

Matthew 14:22-33

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to Matthew.
Glory to you, O Lord.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a headwind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord', he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Be pleased, O Lord, to accept the offerings of your Church,
for in your mercy you have given them to be offered
and by your power you transform them
into the mystery of our salvation.
Through Christ our Lord.

COMMUNION ANTIPHON

Ps 147: 12, 14

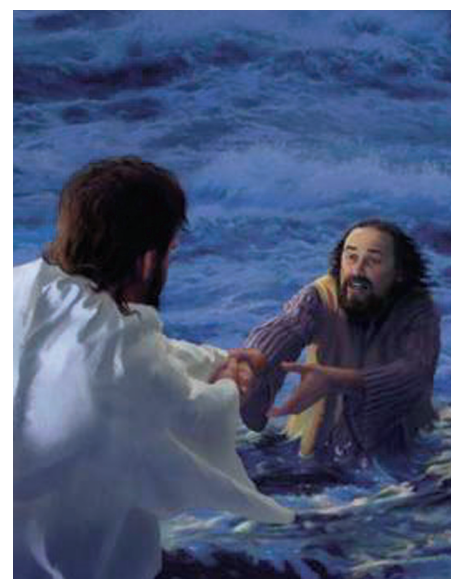
**O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.**

PRAYER AFTER COMMUNION

May the communion in your Sacrament
that we have consumed, save us, O Lord,
and confirm us in the light of your truth.
Through Christ our Lord.

Our Faith on Sunday

GOSPEL REFLECTION



If Jesus needed to pray, how much more his followers – of then and today! Today's Gospel

account is not the only time we are told that Jesus 'escaped' to go and pray. Jesus, the Only Begotten Son of the Father, One with the Father and the Holy Spirit, spent time regularly in prayer, in a communion of love. Love is the purpose of prayer; love inspired by the Holy Spirit. As well as being a means of asking, of petition, prayer is also a means of reflection, of deepening friendship with God; a means of growing as a child of the Father. Love does not come easily to us fallen human beings; the Holy Spirit, given in Baptism, inspires

and supports our efforts. Jesus' closeness to the Father, his intimacy with the Holy Spirit, inspired and fuelled his teaching and his miracles and, of course, his sufferings, his passion. Prayer enables growth in holiness; without prayer we are depending on our own human efforts to live as God would have us live. We need the help of the Holy Spirit



POPE FRANCIS' ENCYCLICAL
FRATELLI TUTTI
BROTHERS AND SISTERS ALL



A GRATUITOUSNESS OPEN TO OTHERS

141. The true worth of the different countries of our world is measured by their ability to think not simply as a country but also as part of the larger human family. This is seen especially in times of crisis. Narrow forms of nationalism are an extreme expression of an inability to grasp the meaning of this gratuitousness. They err in thinking that they can develop on their own, heedless of the ruin of others, that by closing their doors to others they will be better protected. Immigrants are seen as usurpers who have nothing to offer. This leads to the simplistic belief that the poor are dangerous and useless, while the powerful are generous benefactors. Only a social and political culture that readily and "gratuitously" welcomes others will have a future.

Promise Of Good Things LIVING IN HARMONY WITH GOD

I urge you to try to do all things in harmony with God, under the presidency of the bishop, who holds the place of God, and of the presbyters, who hold the place of the college of apostles and of the deacons, who are so dear to me and who have been entrusted with the service of Jesus Christ, who was from eternity with the Father and was made manifest at the end of time.

Conform yourselves to God and have a deep respect for one another. Let no one look at another person according to the flesh, but in everything love one another in Jesus Christ.

Let there be nothing that might divide you, but be united with your bishop and with those who are set over you as an example and a lesson in things immortal.

The Letters of Ignatius



PARISH COMMUNITIES OF



ST GEORGE

Eastbourne Road
Polegate



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The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

ST WILFRID

South Road
Hailsham



WEEKLY SERVICES

Nineteenth Sunday in Ordinary Time

Sat	12th	10am	St Wilfrid's—	Church Open for Prayers & Confessions
Sun	13th	9am	St George's —	David Forte RIP (1st Anniversary)
		10.30am	St Wilfrid's —	Moira Carleton RIP
Mon	14th	2.30pm	St George's —	Rosary Group —All welcome
Tues	15th	10am	St George's—	Paul Bree RIP
Wed	16th	10am	St Wilfrid's—	Jim Ayres RIP
Thur	17th	10am	St George's —	Mary Walsh RIP
Fri	18th	10am	St Wilfrid's —	S & J O'Brien's Intention

Twentieth Sunday in Ordinary Time

Sat	19th	10am	St Wilfrid's—	Church Open for Prayers & Confessions
Sun	20th	9am	St George's —	Margaret Nevill's Intention
		10.30am	St Wilfrid's —	Parish Communities' Intention

Confession on request before and after Mass or at other times by arrangement with Father Rory.

Unable to attend mass? The 10.30am St Wilfrid's mass is livestreamed when possible and can be accessed via the Parish Website or via the following: <https://saintsgeorgeandwilfrid.co.uk/online-masses-and-recordings/>

Facebook: https://m.facebook.com/gary.westcar#_=_

Newsletter items: Please send to Jackie at ssgeorge.wilfrid@btinternet.com, tel.841504 or by hand marked NEWSLETTER, to Fr. Rory's House by 9am Wednesday.

Local Catholic Education Contacts: St Thomas a Becket Nursery School: Tel 01323 725977

St Thomas a Becket Primary School: Tel 01323 737221 St Richard's Catholic College, Bexhill: Tel 01424 731070

USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 832577

St George's Planned Giving Contact (01323) 487212

St George's & St. Wilfrid's

Finance Committee Treasurers Monika Beaver

Chairperson of the Finance Committee Gerry Palmer

ALL CORRESPONDENCE VIA THE PRIEST'S HOUSE PLEASE

Polegate Hall Hire (01323) 504753

Hailsham Hall Hire: (01323) 841504/Email at above address

Prayer Line Jean Barham-Wyatt(01323) 842824

IMPORTANT GIFT AID: If any parishioner wishes to join the scheme please contact - Gerry on 01323 832577, Email: gpalmer2703@gmail.com. By signing up, the parish can benefit by claiming back from HMRC a further 25% on all your donations at no additional cost to you.

Parish Safeguarding Reps:

St George's: Kelly - 07967562110

St Wilfrid's: Maria - 07873759962

CROSSLINK CHURCHES TOGETHER, HAILSHAM: Volunteer needed contact Father Rory

POLEGATE CHURCHES TOGETHER Contact: Anne Bowe Tel: 07808 175455

PLEASE REMEMBER IN YOUR PRAYERS those who are unwell

Lily May, Joshua Hardy, Peter & Teresa Zurenkas, Anne Holt, Margaret, Rosie Tuson, Lilian Summers, Tom Woodrow-Spencer, Chris Neyenhuizen, Letty Booth, Laurey & Richard Stimpson, Nicole McCutchan, Jean Barham-Wyatt, Nellie Oakshott, Jean Molloy, Alan Smith and Julie Martin.

PLEASE ALSO REMEMBER THOSE NAMED IN THE BOOKS IN OUR CHURCHES

A WARM WELCOME: to all who join us for Mass, especially to any visitors.

New to the Parish/would like to get back in touch but not sure how? Please complete the welcome form in the porch and/or make yourself known to Fr. Rory. It would be great to get to know you and offer any help.

Deacon John Writes:

Earlier this week we had the Gospel about loaves and fishes. It includes the sentence "They all ate and were satisfied, and they picked up the fragments left over - twelve wicker baskets full". An article by Kristin Armstrong wrote about this saying that when she gets discouraged by having too much to do she asks God to "loaves-and-fishes her". She agrees that this is not a grammatically correct prayer but she says that God always answers it. She realises that she is asking God to take what she can offer and work within her and increase her understanding and her capacity to serve and to show her love. God combines his abundance and limitless capacity and ensures that there is more than enough to go around. The best thing about this, she says, is that she is not spent or drained. She says she can take the pieces of her left overs and still have the energy for self-care, for gratitude, for creativity and for fun. She says "I am able to do without sacrificing my ability to be".

I have found this useful during this week - perhaps you could try asking God to "loaves-and-fishes you" this coming week. I hope that prayer helps you if you do!

All my love to each and every one.

Deacon John

Charity Breakfast: No breakfast in August but we return on the last Sunday of September when we will be raising money for the Love in a Boxes transportation at Christmas. It will also be our one year anniversary breakfast so we may even do something a little more special (watch this space!).

Notice for all our Families with children or grandchildren under 18 and their friends - Children's Liturgy in both our churches will resume during the masses on Sunday 10th September, we would love to see even more children joining us so spread the word to any other families you know who may not currently regularly attend.

Our Parish Children's liturgy runs weekly during both St George's and St Wilfrid's Sunday services during term time. We welcome everyone with our friendly smiles, child friendly teaching of Gods Word, creative opportunities to demonstrate understanding and lots of chances to have fun celebrating our faith with our friends. For more information on Children's Liturgy speak directly to any of the catechists or email Father Rory at the Parish Office for your details to be passed on to the team.

And there's more...as well as the weekly Children's Liturgy we run a First Communion Programme for all year 3 or above children, a confirmation programme for our older children and plan activities outside of mass several times a year, see our Newsletter for more details of what we will be doing next. Details of all will follow.

Mental Health training courses: Would you like to understand more about the challenges and reality of mental health on those around you? We continue to run courses focused on raising awareness of symptoms and the impact on people's lives along with ways to signpost those who are struggling. For more details see the Diocesan website or email Simon South, Formation Advisor E: simon.south@abdiocese.org.uk

Dates for your Diary:

Fri 25th Aug, 11-12pm - Parish Bereavement Gp, St W's Hall.
Thurs 31st Aug, 2-4pm - Parish Over 50's Club, St W's Hall.
Sun 3rd Sept, 4pm - Mass for Confirmation Candidates, St G's
Sun 10th Sept, Children's Liturgy Returns, St G's & St W's
Sun 17th Sept, 4pm - Songs of Praise, St G's Church
Sun 24th Sept, 10am - Charity Breakfast, St G's Hall.

Blackberry picking Saturday 9th September 12noon - if you would like to join us please let us know in advance so we can ensure we send all details to you as to venue, exact times and lift shares etc. Text Sandra on 07791 627368 or email

sandraforte40@gmail.com. Following this outdoor adventure which will include a picnic (bring your own) we will then make jam with blackberries picked in St George's Hall Kitchen (reserve date if inclement weather Sunday 10th September).

Parish Over 50's Club: Our next afternoon tea will be Thursday 31st August, 2-4pm, St Wilfrid's Hall. £5. Our theme this month is London and we will be doing all the usual quizzes and bingo. Please do come and join us.

St George's needs more help for social activities - we are trying hard to keep running activities alongside St Wilfrid's but our current team is formed of the CL team mainly and those who already do a lot in our Parish. If you can help us organise social events we would love your support.

Songs of Praise: Sunday 17th September at St George's Church. Starting at 4pm followed by refreshments. Donations to Eastbourne Foodbank.

Altar Server Mass – Saturday 23rd September at Arundel Cathedral: Fr Aaron Spinelli, Diocesan Director for the Guild of St Stephen, invites diocesan altar servers to a special Mass at Arundel Cathedral on Saturday 23 September at 12 noon, led by Bishop Richard. The Mass is for all those who have served, all those who are serving, and anybody who would like to serve - all are very welcome. Fr Aaron requests attendees bring a cassock/cotta or an alb (if possible), and a packed lunch. There is no need to register, though attendees are asked to E: aaron.spinelli@abdiocese.org.uk to confirm numbers.

Sunday 6th August - Mass Attendance:

St Wilfrid's 70

St George's 60