

ENTRANCE ANTIPHON

Cf. Ps 73:20,19,22,23

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

THE COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the first book of Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord.
Thanks be to God.

PSALM

Ps 33:2-9. R.v9

R) Taste and see that the Lord is good.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **(R)**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **(R)**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **(R)**

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **(R)**

SECOND READING

A reading from the letter of St Paul to the Ephesians 4:30-5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Jn 6:51
I am the living bread which has come down from heaven,
says the Lord.
Anyone who eats this bread will live for ever.
Alleluia!

GOSPEL

John 6:41-51

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to John.
Glory to you, O Lord.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph,' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation.
Through Christ our Lord.

COMMUNION ANTIPHON

Cf. Jn 6:51

**The bread that I will give, says the Lord,
is my flesh for the life of the world.**

PRAYER AFTER COMMUNION

May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth.
Through Christ our Lord.

Our Faith on Sunday

GOSPEL REFLECTION



This Sunday's Gospel reading continues the theme of the bread of life. The Jews were complaining about Jesus. After all he was the son of Joseph the carpenter. So who does

he think he is? As in most of John's Gospel it is Jesus' relationship with the Father which is the golden thread which is ever present. He has been sent by the Father and everything he tells them has been told to him by the Father. He wants us to have the same relationship with the Father but says we can only have it through him. Jesus then returns to speaking about the bread of life. He repeats that he is the 'living bread which has come down from heaven'.

Who knows what the local Jews thought about that. We know that some accepted what Jesus was saying but others went away shocked by what he had said. When it comes to

First Holy Communion day in our local parish for some it is deep religious experience, for others just an excuse to have a party. We today can be like the Jews. Some of us truly believe that Jesus is the bread of life, others think it just a pious figure of speech. At some point we need to decide which group we belong to.



EVANGELII GAUDIUM (JOY OF THE GOSPEL)



BROTHERS AND SISTERS ALL AN ABSENCE OF HUMAN DIGNITY ON THE BORDERS

40. "Migrations, more than ever before, will play a pivotal role in the future of our world". At present, however, migration is affected by the "loss of that sense of responsibility for our brothers and sisters on which every civil society is based". Europe, for example, seriously risks taking this path. Nonetheless, "aided by its great cultural and religious heritage, it has the means to defend the centrality of the human person and to find the right balance between its twofold moral responsibility to protect the rights of its citizens and to assure assistance and acceptance to migrants".

The Still Waters of Beauty* DO NOT BE AFRAID

We read in this psalm: 'Hate evil, you who love the Lord', which is immediately followed by the line: 'The Lord guards the souls of his servants'. This is meant to stop you from being afraid to hate evil in case you are killed for it by the wicked. Listen to Christ, as he guards the souls of his servants and says: 'Do not fear those who can only kill the body but cannot destroy the soul'. They who kill your body have done the most they can, but what is that except what they also did to the Lord your God? Why do you want to possess what Christ possesses if you are afraid to suffer what he suffered? He came to endure your life, bound by time, in weakness, and subject to death.

By all means fear death, if you can avoid having to die. But why not embrace in faith what your nature cannot avoid? Your adversary can threaten to take that life away from you, but God will give you another life as he gave you the first one, which cannot be taken away against his will. But if it is his will that you lose it, he has another life to offer in return. Do not fear to be robbed for his sake.

Are you not prepared to take off patched up clothing? He will give you a garment of glory. What garment am I talking about? 'The corruptible must put on the incorruptible, and the mortal must put on immortality.' Even your body will not perish. The enemy in his raging has power up to the very point of death, but not beyond, and not against the soul, not even against the body. For if he scatters your body he cannot prevent its resurrection.

*Augustine of Hippo Edited by Oliver Davies Published by New City



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ST WILFRID

South Road
Hailsham



The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

WEEKLY SERVICES

Sat	7th		St Wilfrid's	
			Nineteenth Sunday in Ordinary Time	
Sun	8th	9.00am	St George's -	Parish Communities' Intention
		10.30am	St Wilfrid's -	Brian Winter RIP
Mon	9th	2.30pm	St George's -	Rosary Group
Tue	10th	10.00am	St George's -	Janet Coates RIP
Wed	11th	10.00am	St Wilfrid's -	Jim & Ruth Ayers Intention
Thurs	12th	10.00am	St George's -	Ellen Kavenagh RIP
Fri	13th	10.00am	St Wilfrid's -	Dorothy Blake RIP
Sat	14th		St Wilfrid's -	
			The Assumption of the Bl. Virgin Mary	
Sun	15th	9.00am	St George's -	Anne Eamer's Intention
		10.30am	St Wilfrid's -	Parish Communities' Intention

St George's Church, Masses are on Tuesdays & Thursdays, 10am and Sundays, 9am. Weekly attendance is now possible; please notify Sandra, 07791627368 or sandraforte40@gmail.com if you are returning on Sundays to ensure social distancing can be in place if needed.

Booking for St Wilfrid's Church: Go to our website www.saintsgeorgeandwilfrid.co.uk, click the link "Book a Mass" on the righthand side of the front page, select your Mass and follow the instructions, or contact the office on 841504.

IMPORTANT: Going into hospital? Would like a visit from the Catholic Chaplaincy? Ring 417400, ext. 4145 and leave a message for the Catholic Chaplain. Please also let Fr Rory know.

St Thomas a Becket Nursery School: Tel 01323 725977 **St Thomas a Becket Primary School:** Tel 01323 737221
St Richard's Catholic College, Bexhill: Tel 01424 731070

New to the Parish or would like to get back in touch but not sure how? Please complete the welcome form available in the porch and/or make yourself known to Fr. Rory. *It would be great to get to know you and offer any help.*

USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 832577
St George's Planned Giving Contact (01323) 487212
St George's & St Wilfrid's Finance Committee Treasurers Charles Piegrome & Monika Beaver
Chairperson of the Finance Committee Stephen Murray
ALL CORRESPONDENCE FOR THE ABOVE VIA THE PRIEST'S HOUSE PLEASE
Polegate Hall Hire.....Tel: (01323) 504753
Hailsham Hall Hire Tel: (01323) 841504 - Mon, Wed, Fri Morning or email at above address
Prayer LineJean Barham-Wyatt Tel: (01323) 842824

CROSSLINK CHURCHES TOGETHER, HAILSHAM

POLEGATE CHURCHES TOGETHER

Contact: Margaret Piegrome 01323 870990
Contact Care: 07900 823138

PLEASE REMEMBER IN YOUR PRAYERS those who are unwell: Lily May, Edna Andrews, Julliette Lusted, Jennifer Piskac, Margaret Gearing, Joshua Hardy, Peter & Teresa Zurenkas, Anne Holt, Margaret, Lilian Summers, Tom Woodrow-Spencer, Colleen, Chris Neyenhuizen, Letty Booth and Michael Copper.

PLEASE ALSO REMEMBER THOSE NAMED IN THE BOOKS IN OUR CHURCHES

Newsletter items: Please send to Jackie at ssgeorge.wilfrid@btinternet.com, tel.841504 or by hand marked NEWSLETTER, to Fr. Rory's House by **9am Wednesday.**
Office Hours Monday 9am-1pm, Wednesday 8.45am-12.45pm & Friday 9am-12.30pm

Fr Rory Writes:

Truly important:

Deacon John's piece in the newsletter last week began with the sentence "In the Gospel this Sunday Jesus speaks about food". A requirement for life, but as he highlighted it needs an appropriate sense of discernment. So it is very important that the quality of our prayer life, sacrament and sacramental life, but especially the scriptures, are a significant part of our diet. In the end it is by their fruits that we know them; faith, hope and charity, and the greatest of these is charity.

More and more I am accosted with people saying "I don't believe in religion or all these religious things". In my heart of hearts I have to say "I quite agree with them". Strangely enough the number then that say "but I do believe in God". Well the only thing I have to say "well I fully truly believe that there is evil". Then I say whether I believe in it or not it is there. In fact at this time it is having a frightful impact upon our lives. Its presence, its influence is shattering, even especially as it is experienced in the life of the church.

In my piece last week, which I have just re-read and I said to myself "thank God" this is a good point of reference, that it is now well worth repeating:

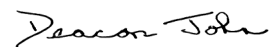
Now as the window of opportunity returns for a fresh start, with the help of God, we can set sail once again for the future. It is a time to live and learn, a new generation is needed. A fresh structure, with greater flexibility and encouragement, in one word "inspiration" is now called for. We must work together to share, encourage and develop lives of faith, that give witness to our Christian lives which we receive at baptism. The celebration of the sacraments of First Holy Communion and Confirmation this year gave us a tangible sense of this when the ceremonies took place using the candidates baptismal candles. At our baptism this light symbolizing the light of Christ was entrusted to us to be kept burning brightly. Please God, may this be at the heart of our resolve as we return to church with hope and fresh motivation.

May the Lord bless and complete our work, the work of God's salvation for all.



Deacon John Writes:

On Friday August 13th the Psalm is no.136. We only have 4 verses read to us. It is remarkable as it contains the phrase, "for his mercy endures forever" 14 times in those few verses. If you read the whole of the Psalm then the phrase occurs 26 times. Psalm 136 is a psalm of thanksgiving for the work of God in creation and his faithful love through Israel's history. It shows us God's goodness and the importance of this for us. Yes, we should remember that God always loves us - never forget this. In fact we should all do more than this we should do what the Psalmist says many times in this psalm. He says "give thanks to the Lord, for he is good, for his mercy endures forever," So I suggest that we adopt this phrase as a reminder for us during August. Try to remember to say it every day and not forget it during the day. Keep it in mind and surely it will help you in everything you do each and every day.



St Wilfrid's Church Flowers: Have you noticed the lovely flowers in the church recently? They are all from Fr Rory's garden (that Lulu lovingly attends) and also from some of our parishioners gardens. This is all to help our church save money.

St Wilfrid's Celebration Mass 15th August 10.30 am:

This Mass is to celebrate us coming back together as a community. After Mass refreshments will be available and there will be a tombola to help raise funds. We are asking for items for the tombola; bottles, alcoholic and soft drinks also any unwanted gifts that are in good condition. Please at this time no bric a brac as we do not have the room to store. Please leave items in the church porch. There will also be a children's tombola and sales table. An added attraction will be, Sophie is coming down from London and bringing her boyfriend, Jason.

The Rosary group will re-start on Monday, 9 August 2021, at 2:30p.m. in St. George's hall. Parishioners from both churches are welcome. Please contact Martin 01323 485474.

Bereavement Mass, Sunday 22nd August at 3pm. We are looking forward to this taking place as it will be so helpful because for many there has been much sadness and indeed loss, so it is important to pray for one another and when we can to support each other.

Volunteers are needed at St Wilfrid's: There are forms being handed out after Mass and are available on the table in the church porch, listing the areas where we need your help. Please consider very carefully as to where you can contribute to the successful running of our church and community, Please return to the presbytery.

Beginning Experience Weekend: October 8th – 10th, Sion Community, Brentwood, Essex. For those who find themselves single again following divorce, separation or bereavement.

Beginning Experience is a weekend programme to help you move from the darkness of your grief into the light of a new beginning. More details at besouthofengland@gmail.com.

There is a special Mass on 15th August (the Assumption of the Blessed Virgin Mary) at 10.30am to remember those who have sadly experienced losses during the past lock downs. The Mass will be held in the church and will include the participation of the children of the parish to represent the Future. The memorial garden will also feature in our service, in special remembrance of three people, representative of our community and will encompass a period of quiet reflection.

Following the Mass, "Tea and Tombola" (A sit-down tea of sandwiches, savouries and cakes and the chance to win prizes in the tombola!). We URGENTLY need helpers to manage this event throughout and welcome anyone over 16 and under 70 to volunteer their services.

We need help with cleaning and preparing the hall on Friday afternoon or Saturday morning (13th/14th). Saturday afternoon requires setting up of tables and chairs and laying up the tables with crockery and cutlery.

Sunday morning (before Mass) we will need people to distribute prepared food to tables and also help with the preparation of beverages and some of the food.

After the event, clearing and cleaning of the crockery and cutlery etc. washed (dishwasher or hand wash as appropriate), dried and stored. Chairs and tables will need to be stored; hall kitchen and wash-rooms cleaned, floors swept and washed. Disposal of all rubbish.

All food will be provided by the hall management committee and the cost recuperated by the proceeds of the tombola hopefully. (Any other monetary donations will also be gratefully received but there is no obligation). Please help us to make this a pleasant and memorable occasion. For further details of the actual work involved please contact: Lesley: 01323 841011; Maeve: 01323 449131; Loretta; 01323 844890; Jean: 01323 842824.

There will be a meeting after the 10.30am Mass this Sunday. If you can come and help please do so, as this will be greatly appreciated.

Thank you all.