

**ENTRANCE ANTIPHON**

Cf. Ps 47: 10-11

Your merciful love, O God,  
we have received in the midst of your temple.  
Your praise, O God, like your name,  
reaches the ends of the earth;  
your right hand is filled with saving justice.

**THE COLLECT**

O God, who in the abasement of your Son  
have raised up a fallen world,  
fill your faithful with holy joy,  
for on those you have rescued from slavery to sin  
you bestow eternal gladness.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.

**FIRST READING**

A reading from the prophet Zechariah

9:9-10

The Lord says this:

'Rejoice heart and soul, daughter of Zion!  
Shout with gladness, daughter of Jerusalem!  
See now, your king comes to you;  
he is victorious, he is triumphant,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will banish chariots from Ephraim  
and horses from Jerusalem;  
the bow of war will be banished.  
He will proclaim peace for the nations.  
His empire shall stretch from sea to sea,  
from the River to the ends of the earth.'

The word of the Lord.  
**Thanks be to God.**

**PSALM**

Ps 144:1-2.8-11.13-14. R.v1

**R) I will bless your name for ever,  
O God my King.**

I will give you glory, O God my King,  
I will bless your name for ever.  
I will bless you day after day  
and praise your name for ever. **(R)**

The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures. **(R)**

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **(R)**

The Lord is faithful in all his words  
and loving in all his deeds.  
The Lord supports all who fall  
and raises all who are bowed down. **(R)**

**SECOND READING**

A reading from the letter of St. Paul to the Romans

8:9.11-13

Your interests are not in the unspiritual, but in the spiritual, since  
the Spirit of God has made his home in you. In fact, unless you  
possessed the Spirit of Christ you would not belong to him, and  
if the Spirit of him who raised Jesus from the dead is living in  
you, then he who raised Jesus from the dead will give life to  
your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our  
unspiritual selves or to live unspiritual lives. If you do live in that  
way, you are doomed to die; but if by the Spirit you put an end  
to the misdeeds of the body you will live.

The word of the Lord.  
**Thanks be to God.**

**GOSPEL ACCLAMATION**

Alleluia, alleluia!

Cf. Mt 11:25

**Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom to  
mere children.  
Alleluia!**

**GOSPEL**

Matthew 11:25-30

The Lord be with you.  
**And with your spirit.**

A reading from the holy Gospel according to Matthew.  
**Glory to you, O Lord.**

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of  
earth, for hiding these things from the learned and the clever  
and revealing them to mere children. Yes, Father, for that is what  
it pleased you to do. Everything has been entrusted to me by  
my Father; and no one knows the Son except the Father, just  
as no one knows the Father except the Son and those to whom  
the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I  
will give you rest. Shoulder my yoke and learn from me, for I am  
gentle and humble in heart, and you will find rest for your souls.  
Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

May this oblation dedicated to your name  
purify us, O Lord,  
and day by day bring our conduct  
closer to the life of heaven.  
Through Christ our Lord.

**COMMUNION ANTIPHON**

Mt 11: 28

**Come to me, all who labour and are burdened,  
and I will refresh you, says the Lord**

**PRAYER AFTER COMMUNION**

Grant, we pray, O Lord,  
that, having been replenished by such great gifts,  
we may gain the prize of salvation  
and never cease to praise you.  
Through Christ our Lord.

# Our Faith on Sunday

## GOSPEL REFLECTION



Faith is not linked to one's  
intellectual capacity. It is not the  
property of an elite group of  
people. It is a free gift of God  
which is available to anyone,  
regardless of their intelligence, or  
state in life. Not for the first time

do we see the example of children  
in the Gospel. Children have a  
simplicity, an innocence and a  
trust in their parents which adults  
do not normally have. If we want  
to live the gift of faith well, then  
we have to acquire these childlike  
qualities. If we look at the lives of  
the saints, from such different  
characters as a St Therese or an  
Augustine, they all have in  
common that childlike trust in  
the love of God which Jesus is  
speaking about here. Often we are  
daunted by the idea of trying to  
become saints. We see it as  
beyond our capacity, and perhaps

even see it the achievement of a  
chosen few. In actual fact, we are  
called to sanctity. The second part  
of today's Gospel helps take the  
fear out this journey towards  
holiness. It is clear that it is not an  
easy road, but Jesus assures that  
"my yoke is easy and my burden  
light."



### EVANGELII GAUDIUM (JOY OF THE GOSPEL)



## THE SOCIAL DIMENSION OF EVANGELIZATION IV. SOCIAL DIALOGUE AS A CONTRIBUTION TO PEACE

240. It is the responsibility of the State to  
safeguard and promote the common good  
of society. Based on the principles of  
subsidiarity and solidarity, and fully  
committed to political dialogue and  
consensus building, it plays a  
fundamental role, one which cannot be  
delegated, in working for the integral  
development of all. This role, at present,  
calls for profound social humility.

## The Sacrament of the Present Moment\*

### ALL IS WELL

Surrender to the will of God and you will be able to say in  
every circumstance 'It is the Lord!'

Faith tells us that God is tender and merciful. But God is  
also one who turns us like a potter turns clay on a wheel.

We must submit to all that happens knowing that  
ultimately 'All will be well.' We will be fashioned in the  
divine likeness if we surrender generously to God's working.  
Using another image – be simple, straightforward, trusting,  
and God will bring the ship of your life into port.

Sail securely on the waves of God's will. Let God fill the  
wind in your sails. The Spirit takes over lives that are totally  
given to God in faith.

'Blessed are the pure in heart.' Have a heart that is attuned  
to God's will and you cannot go wrong, for God makes the  
Divine will known to us moment by moment, no matter  
what is happening in our lives.

\*Jean Pierre de Caussade's Self-Abandonment to Divine Providence for everyone by Elizabeth Ruth Obbard  
and published by New City ISBN: 978-1-905039-11-1



# PARISH COMMUNITIES OF

## ST GEORGE

Eastbourne Road  
Polegate



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## ST WILFRID

South Road  
Hailsham



The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

### WEEKLY SERVICES

Sat	4th	St Wilfrid's -	Agnes Chetwynd RIP
		<b>Fourteenth Sunday in Ordinary Time</b>	
Sun	5th	St George's -	Parish Communities' Intention
		St Wilfrid's -	
Mon	6th	St George's -	Fr John Healy RIP
Tue	7th	St George's -	John & Margaret Forde's Intention
Wed	8th	St Wilfrid's -	Sick Relatives & Friends of Madeleine Waters
Thur	9th	St George's -	K M Philip RIP
Fri	10th	St Wilfrid's -	Holy Souls' Intention
Sat	11th	St Wilfrid's -	Parish Communities' Intention
		<b>Fifteenth Sunday in Ordinary Time</b>	
Sun	12th	St George's -	Dr Ismay Crotty RIP
		St Wilfrid's -	

**IMPORTANT:** Going into hospital? Would like a visit from the Catholic Chaplaincy? Ring 417400, ext. 4145 and leave a message for the Catholic Chaplain. Please also let Fr Rory know. Catholic Mass in the hospital Chapel every Friday at 3pm.

**St Thomas a Becket Nursery School:** Tel 01323 725977 **St Thomas a Becket Primary School:** Tel 01323 737221  
**St Richard's Catholic College, Bexhill:** Tel 01424 731070

**New to the Parish or would like to get back in touch but not sure how?** Please complete the welcome form available in the porch and/or make yourself known to Fr. Rory. *It would be great to get to know you and offer any help.*

### USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 832577  
St George's Planned Giving Contact (01323) 487212  
St George's & St Wilfrid's Finance Committee Treasurers Charles Piegrome & Monika Beaver  
Chairperson of the Finance Committee Stephen Murray  
**ALL CORRESPONDENCE FOR THE ABOVE VIA THE PRIEST'S HOUSE PLEASE**  
Polegate Hall Hire.....Tel: (01323) 504753  
Hailsham Hall Hire ..... Tel: (01323) 841504 - Mon, Wed, Fri Morning or email at above address  
Prayer Line .....Jean Barham-Wyatt Tel: (01323) 842824

#### CROSSLINK CHURCHES TOGETHER, HAILSHAM

#### POLEGATE CHURCHES TOGETHER

Contact: Margaret Piegrome 01323 870990  
Contact Care: 07900 823138

**PLEASE REMEMBER IN YOUR PRAYERS** those who are unwell: Lily May, Edna Andrews, Julliette Lusted, Jennifer Piskac, Margaret Gearing, Joshua Hardy, Peter & Teresa Zurenkas, Anne Holt, Margaret, Lilian Summers, Tom Woodrow-Spencer, Dorothy Hanlon, Margaret Westcar, Angela & Michael Archer, Chris Neyenhuizen, Fr Rory, Letty Booth and Michael Copper.

**PLEASE ALSO REMEMBER THOSE NAMED IN THE BOOKS IN OUR CHURCHES**

Newsletter items: Please send to Jackie at [ssgeorge.wilfrid@btinternet.com](mailto:ssgeorge.wilfrid@btinternet.com), tel.841504 or by hand marked NEWSLETTER, to Fr. Rory's House by 9am Wednesday.  
Office Hours Monday 9am-1pm, Wednesday 8.45am-12.45pm & Friday 9am-12.30pm

## Fr Rory Writes:

With the help of God we will be able to re-open our churches for Mass. First and foremost this is to be appreciated for the right reasons, with great care given. It will be influenced by a) the fact that we do not, while this outbreak of coronavirus continues, have an obligation to go to Mass, b) social distancing and all the other measures required for health and safety purposes will need to be in place.

So there are reasons to have fears and to take these into consideration. As this is "Fr Rory Writes" it is not prescriptive and the date have to be changed in order to have all the safety measures in place. Happily, we are hoping to open our churches for Mass on the weekend of the 18th/19th July. There is still work to be done to achieve this with all safety concerns carefully managed. Numbers will be greatly reduced because of the need for social distancing.

We have good teams working together and our first meetings were very successful, but they did open my eyes to how difficult it is to ensure the safety of everyone in both churches, whilst matching the requirements of our diocese, who dictate how much preparation is necessary.

Only 36 people may attend at any one time at St George's. If you are not at work during the week, you are strongly encouraged to attend a weekday Mass to allow those who are working to attend on Sundays.

You will need to apply for your chosen day, and we ask that you keep to this. (Details as to how to do this will follow)

Times of Masses during the week are:

St. George's Church – 10am on Tuesdays and Thursdays

St. Wilfrid's Church – 10am on Wednesdays and Fridays.

Our Mass time experiences will be very different.

Restrictions are imposed as follows:-

Numbers are restricted to a **Maximum of 36 people at St George's** to ensure social distancing

If you are at all unwell, please **DO NOT** attend church

It is recommended that small children and babies are not brought into the church

You will be met at the door, you must give your name and contact details to the usher

Sanitise your hand and wear a mask (this is compulsory)

The usher will guide you to a marked bench/seat at appropriate distance from anyone not in your household. There are arrows on the floor, guiding you through the one-way system.

Please do not genuflect to any of the statues, or touch them or any surface unnecessarily

No leaflets or Missals will be provided. If you bring your own you **MUST** take them home with you.

Please do not converse with anyone outside your own household, to limit the spread of the virus

There may be music, but no singing is allowed

Mass will be shorter to reduce the time spent indoors with other people

The sign of peace will be not be exchanged

The reader, Eucharistic Minister and Priest will always be on the altar

The Priest will remain socially distant at all times

There will be no offertory

Cash offerings must be placed in the boxes provided at the entrance and exit to the church.

Communion under one kind will be distributed at the end of Mass.

An usher will guide you to communion when it is safe for you to enter the aisle, always maintaining social distance

There will be a small physical barrier between the recipient and the Minister. The distribution of the Host will be in silence with arms at full stretch, palms upwards, one on top of the other, as flatly as possible. Communion may not be received on the tongue.

You will leave the church immediately after Communion, through the Sacristy door at St George's. Take **ALL** your belongings with you (including your mask) and leave your offering in the box provided. (you may not return to your seat under any circumstances)\*\*

You will be asked to sanitise your hands before leaving the church

\*\*If you cannot manage the steps leading to the sacristy, please wait to receive communion until all others have left. The usher will escort you and you may leave through the back porch.

There will be **NO** tea/coffee after any Mass. The hall remains closed

The lavatories are closed

Please continue to maintain social distancing whilst in the carpark

PS. You will need to apply to the Parish Office for your preferred day as the number at each Mass is so strictly limited, either email [ssgeorge.wilfrid@btinternet.com](mailto:ssgeorge.wilfrid@btinternet.com) or phone 01323 841504.

*Fr Rory*