

ENTRANCE ANTIPHON

**See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.**

Ps 53: 6, 8

THE COLLECT

Show favour, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING

A reading from the book of Genesis

18:1-10

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My Lord,' he said 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' they asked him. 'She is in the tent' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

The word of the Lord.
Thanks be to God.

PSALM

Ps. 14:2-5.R.v1

R) The just will live in the presence of the Lord.

Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. **(R)**

He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. **(R)**

He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever. **(R)**

SECOND READING

A reading from the letter of St Paul to the Colossians 1:24-28

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION**Alleluia, alleluia!**

Cf. Acts 16:14

**Open our heart, O Lord,
to accept the words of your Son.
Alleluia!**

GOSPEL

Luke 10:38-42

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Luke.
Glory to you, O Lord.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept, we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all.
Through Christ our Lord.

COMMUNION ANTIPHON

Ps 110: 4-5

**The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.**

PRAYER AFTER COMMUNION

Graciously be present to your people, we pray, O Lord, and lead those you have imbued with heavenly mysteries to pass from former ways to newness of life.
Through Christ our Lord.



Holy
Year
of
Mercy

OUR FAITH ON SUNDAY

GOSPEL REFLECTION



In today's Gospel, Our Lord reveals to us the pure, supernatural quality of charity. This theological virtue is that gift of

God that habituates us to loving Him and Him-in-our-neighbour. Such love is uncontainable by its very nature, indeed it is at the same time both infinitely self-diffusive and infinitely inexhaustible. It is blind to the feeble distinctions of the flesh, such as race or social standing. Charity slices through such separations like an arrow flying from heart to heart, recognising the same divine

image in the target as in the archer. Our Lord responds to the question 'Who is my neighbour?' by asking 'How am I myself a neighbour?' It is 'the one who took pity' on another who proves himself to be a neighbour, and such pity, if we only wish it, is apt to being raised up and transformed into supernatural charity through the action of the Holy Spirit, making it eternal and life-giving.

EVANGELII GAUDIUM (JOY OF THE GOSPEL)



V. A MOTHER WITH AN OPEN HEART

49. Let us go forth, then, let us go forth to offer everyone the life of Jesus Christ. Here I repeat for the entire Church what I have often said to the priests and laity of Buenos Aires: I prefer a Church which is bruised, hurting and dirty because it has been out on the streets, rather than a Church which is unhealthy from being confined and from clinging to its own security. I do not want a Church concerned with being at the centre and which then ends by being caught up in a web of obsessions and procedures.

GLIMPSES OF GOSPEL LIFE

These brief experiences from all over the world show how, when we try to put the words of the Gospel into practice, things happen. God is never outdone in generosity, and these personal stories show in many different ways how true that is.

He felt Love

I received an urgent call from the Intensive Care ward, where there was a fifty- two-year-old man, who had been admitted following a serious injury to his eyes. I was told that he had been shot in the head but that his brain was uninjured. He was asking for a lethal injection and I realised that his soul as well as his body was sick. I needed to be very patient and try to understand him.

The operation was complicated and it wasn't possible to save one of his eyes, and the other was badly damaged. He stayed in intensive care for a week.

Every day I asked about his condition and together with a friend prayed with faith for him. He was brought to my ward and before going home, I stopped to greet him. I said, "Do you know who I am?" He answered straight away, "I can't see, but I think you're the doctor who operated on me. During the operation I felt a great love."

I promised him that I would do all that I could to save his eye, without being absolutely certain that I would be able to do so. Every day his sight improved, until it was completely restored. After a few months he came to thank me and he told me that once more he had found the path to God. His marriage was back on track, and he was very happy with only one eye. Joking, I said to him, that he needed to lose an eye to see better.



PARISH COMMUNITIES OF

ST GEORGE

Eastbourne Road
Polegate



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ST WILFRID

South Road
Hailsham



The Arundel & Brighton Diocesan Trust is a Registered Charity No. 252878

WEEKLY SERVICES

Sat	16th	6.00pm	St Wilfrid's - David Simmons RIP (1st Anniversary)
SIXTEENTH SUNDAY IN ORDINARY TIME			
Sun	17th	9.00am	St George's - Rosamma Paily RIP
		10.30am	St Wilfrid's - Sheila Maria Pickett RIP
Mon	18th	2.30pm	St George's - 2.30pm Rosary Group, every Monday except Bank Holidays
Tue	19th	10.00am	St Wilfrid's - Liturgy of the Word and Holy Communion
Wed	20th	10.00am	St George's - Liturgy of the Word and Holy Communion
Thur	21st	10.00am	St Wilfrid's - Liturgy of the Word and Holy Communion
Fri	22nd	10.00am	St George's - Liturgy of the Word and Holy Communion
Sat	23rd	6.00pm	St Wilfrid's - Margaret Neville's Intention
SEVENTEENTH SUNDAY IN ORDINARY TIME			
Sun	24th	9.00am	St George's - Penny Owen's Intention
		10.30am	St Wilfrid's - Parish Communities' Intention

1st Friday of the month: 9.30am St George's - Exposition of the Blessed Sacrament and Reconciliation

IMPORTANT: Going into hospital? Would like a visit from the Catholic Chaplaincy? Ring 417400, ext 4145 and leave a message for the Catholic Chaplain. Please also let Fr Rory know. Catholic Mass in the hospital Chapel every Friday at 3pm.

St. Thomas a Becket Infant School: Tel 01323 726004 **St. Thomas a Becket Junior School:** Tel 01323 737221
St Richard's Catholic College, Bexhill: Tel 01424 731070

New to the Parish or would like to get back in touch but not sure how? Please complete the welcome form available in the porch and/or make yourself known to Fr. Rory. *It would be great to get to know you and offer any help.*

USEFUL PARISH INFORMATION

St Wilfrid's Planned Giving Contact (01323) 847014
St George's Planned Giving Contact (01323) 870990
St George's & St. Wilfrid's Finance Committee Treasurers Charles Piegrome & Brian Winter
Chairperson of the Finance Committee Peter Dromgoole
ALL CORRESPONDENCE FOR THE ABOVE VIA THE PRIEST'S HOUSE PLEASE
Polegate Hall Hire.....Tel: (01323) 504753
Prayer LineJean Barham Tel: (01323) 842824

CROSSLINK CHURCHES TOGETHER, HAILSHAM
Contact: Ann Fielder 01323 843361

POLEGATE CHURCHES TOGETHER
Contact: Margaret Piegrome 01323 870990

PLEASE REMEMBER IN YOUR PRAYERS those who are unwell: Lily May, Maureen Barnard, Jennifer Duder-Rumsey, Edna Andrews, Juliette Lusted, Jennifer Piskac, Agnes Galt, Margaret Gearing, Joshua Hardy, Peter & Teresa Zurenkas, Anne & Harry Holt, David Thomas, Elizabeth Osbourne, Irene Boulstridge, Mary Scales, Margaret, Tom and Elizabeth Woodrow-Spencer, Enza Riddiford and Brian Winter.

PLEASE ALSO REMEMBER THOSE NAMED IN THE BOOKS IN OUR CHURCHES

Newsletter items: Please send to Jackie at ssgeorge.wilfrid@btinternet.com, tel.841504 or by hand marked **NEWSLETTER**, to Fr. Rory's House by **9am Wednesday.**

Deacon John Writes:**Henri J. M. Nouwen in "Bread for the Journey"**

How can we choose love when we have experienced so little of it? We choose love by taking small steps of love every time there is an opportunity.

A smile, - a handshake, - a word of encouragement, - a phone call, - a card, - an embrace, - a kind greeting, - a gesture of support, - a moment of attention, - a helping hand, - a present, a financial contribution, - a visit.

All these are little steps toward love. Each step is like a candle burning in the night. It does not take the darkness away, but it guides us through the darkness.

When we look back after many small steps of love, we will discover that we have made a long and beautiful journey.



Thank You: St George's would like to thank the two parishioners, (who wish to remain anonymous), who have managed through great networking and excellent negotiating skills, to have donated to us a projector for our hall. We hope to get lots of use out of it. These same people pointed us in the right direction to also acquire a fantastic screen which comes with excellent providence having been used at Buckingham Palace no less!

St George's Choir Practice: Saturday 23rd July, 10.00 am. If any parishioner has a hymn they would like us to add to our repertoire that is in our current hymn book, please let Shirley know.

The Eastbourne Catenians are organising a Barn Dance on Saturday 30th July in the Parish Centre at Our Lady of Ransom to raise money for the St. Gregory's Roof Fund. 7 for 7.30pm, licensed bar, adults £7.50, children £5 includes a hot dog. Tickets available from OLR parish office or David Hiley 500181

St George's Weekday Readers: St George's is looking for new weekday readers. Please phone Margaret Neville on 483504 if you would like to go on the readers list from 1st August 16. Thank you.

ETHIOPIA FOOD CRISIS:

Extreme weather shifts, part of the El Niño effect, mean severe drought has left millions of people in Ethiopia in need of emergency food aid. 400,000 children are already suffering from malnutrition and we need to act now to prevent a far more terrible crisis. Please pray for those who are suffering and please give to the collection via cafod.org.uk for CAFOD's emergency humanitarian response.

Listening with the Ear and Heart: A residential retreat led by Bishop Richard Moth of Arundel and Brighton. Thursday 15th September to Friday 16th September 2016 at St Cuthman's Retreat Centre. The retreat will focus on teaching and practical experience of Lectio Divina. Cost £110.00 Please call 01403 741220 (Mon-Fri 9am - 6pm) or email: stcuthmans@dabnet.org for more information.

DATES FOR YOUR DIARY:

Wed 20th July St Wilfrid's Choir Practice, St Wilfrid's Church, 7pm
Sat 23rd July St George's Choir Practice, St George's Church, 10am
Wed 27th July St Wilfrid's Choir Practice, St Wilfrid's Church, 7pm
Wed 3rd Aug St Wilfrid's Choir Practice, St Wilfrid's Church, 7pm
Wed 10th Aug Mother Teresa Group Mtg, St George's Hall, 2.30pm
Mon 15th Aug St Wilfrid's Fundraising Meeting, Parish Centre, 7.30pm

St Wilfrid's Children's Liturgy: This is the last week of children's liturgy -17th July. Hope you all have lovely holidays, we will meet again on Sunday 11th September.

Special Ministers: Day of Reflection led by Bishop Richard, Saturday 1st October 2016, St Wilfrid's Church, Burgess Hill, 11am - 4pm, Bring a packed lunch. Contact David Hoad, St Wilfrid's and Margaret Piegrome, St George's to confirm your place. Places are limited so please confirm asap.

Volunteers: After the success of the Easter pilot of the Holiday Meals club as a More Than Food initiative for Hailsham foodbank, we are running this again during the summer holidays. The club is at Hailsham East Children's Centre on Tues, Thurs and Fri between 10.45am-1pm for the first 5 weeks of the school holidays - w/c 25 July, 1, 8, 15 & 22 August. If you are able to help with this, please contact Julie at info@hailsham.foodbank.org.uk. You can commit to as few or as many sessions as you are able. If you have a particular skill/activity you could share at the club please also let me know - all ideas welcome. The whole family come along so volunteers are there mostly to set up, interact with the families during the morning and help serve the meal (before enjoying one yourself!).

The Marriage Anniversaries Mass:

Bishop Richard Moth warmly invites all couples celebrating a landmark or significant Anniversary in 2016 to The Marriage Anniversaries Mass.

Saturday 8th October at 11am, at the Church of Our Lady of Ransom, Grange Road, Eastbourne, BN21 4EU.

Booking is **essential**. To apply for places, or for more information, please contact Rosie Read, Pastoral Team Secretary on 01293 651161 or email: rosie.read@dabnet.org

Wednesday Bonus Ball - St Wilfrid's: Just a reminder that the renewal list for the Wednesday Bonus Ball draw is in St Wilfrid's Church Porch.

COLLECTIONS: (9th/10th July)

St George's	£175.49
Apostleship of the Sea	£109.45
Weekly aver./Monthly D/D	£176.50
St Wilfrid's	£379.76
Apostleship of the Sea	£204.01
Weekly aver. of DD	£204.60
Attendances: St W's 141 St G's 80	
Thank you for your continued generosity	
If you pay tax please use gift aid envelopes.	

Bonus Ball:

Sat 9th July
 No: 12
 Michael Copper

Wed 6th July
 No: 4
 Susan Oates